

How can a Health Home help YOU?

In addition to your primary therapist and PRP worker, a Health Home can help you in many ways, including:

- Scheduling medical appointments
- Referrals to specialists
- Smoking cessation
- Diabetes control
- Transitional Care



Health Home Enrollment

If you already receive mental health services from Community Behavioral Health, and are also receiving services from the Psychiatric Rehabilitation Program (PRP), you may be eligible to enroll in the Health Home program.

To learn more about Health Home, contact the Health Home Care Manager:
(844) CBH-5264



Community Behavioral Health

Behavioral Health Home Program



What is a Health Home?

- Your current Psychiatric Rehabilitation Program (PRP) will act as your Health Home.
- A Health Home helps you manage your psychiatric AND medical care to improve your overall wellness
- A Health Home will connect you with providers and resources to achieve your overall wellness goals

Health Homes use a whole-person approach to care.



Health Home Services

Comprehensive Care Management

- You and your provider will create your Care Plan
- You will set goals and address challenges in your behavioral health AND physical health needs

Care Coordination

- You will have one location to help you coordinate most of your services and support
- Your Health Home will help you make appointments and connect you to appropriate specialty care providers

Health Promotion

- You will work with your provider to gain knowledge about your overall wellness
- You will have access to support and training specific to your needs, to address your chronic health challenges

Health Home Services, cont'd

Comprehensive Transitional Care

- You may need help if you receive treatment in a hospital or other inpatient facility
- Your Health Home will help you as you transition to different levels of care

Individual & Family Support

- You will have support to manage your health
- Your Health Home will help you to live to your full potential in your community

Community & Social Support Referral

- You will have connections to a wide range of programs in your community
- Your Health Home can help you access services and programs to promote your health and well being

